INFORMATIONAL PACKET FOR

Prospective Clinicians

OakHeart
CENTER FOR COUNSELING
MEDIATION & CONSULTATION

EMAIL RESUMES TO:

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North Aurora, IL 60542

1950 DeKalb Ave, Unit E
Sycamore, L 60178

Our Employment Mission

As business owners, we see ourselves as humans and helpers first. We endeavour to treat ourselves and our team members with kindness, respect, and grace. We believe wholeheartedly that a business's success rests upon earning our clients' and our employees' trust. We believe in the goodness of people and aspire to provide a safe and comfortable workplace where we uphold the integrity of our profession and our values.

About Our Practice

OakHeart is a values-based organization, offering high-quality evidence-based treatment, in a safe and confidential environment. Established in 2018, we are a group private practice with 2 locations serving children, adolescents, and adults primarily in the west/southwest suburbs of Chicago. We currently have 20+ licensed clinicians on staff representing a variety of professions including social workers, counselors, and psychologists.

Our Leadership Team

VANESSA OSMER, MA, LCPC

Co-Owner

OCD and Anxiety Disorders, Eating Disorders

https://www.oakheartcenter.com/vanessa-osmer.html

KAT HARRIS, PHD, LCP

Co-Owner

OCD and Anxiety Disorders, Health Anxiety, PTSD

https://www.oakheartcenter.com/kat-harris.html

CHRSTINA BIECHE, MSED, LCPC

Clinical Site Director, Sycamore

PTSD/Trauma, Domestic Violence and Sexual Assault

https://www.oakheartcenter.com/christina-bieche.html

HILLARY GORIN, PHD, LCP

Clinical Site Director, North Aurora

OCD and Anxiety Disorders, PTSD

https://www.oakheartcenter.com/hillary-gorin.html

MEGAN NOREN, PSYD, LCP

Training Director

Couples, Trauma, Maternal Mental Health

https://www.oakheartcenter.com/megan-noren.html

What Makes Us Unique?

We Offer Unparralled Clinician Support in a Learner's Supportive Environment

We Are Evidence-Based and Values-Driven

We are a Community-Based Private Practice, With a Community-Based Workplace Culture

Highly Competitive Compensation and Benefits with Schedule and Location Flexibility

Clinician Support in a Learner's Supportive Environment

MENTORSHIP MODEL

Each clinician is assigned a mentor to help you learn, flourish, and grow.

A VARIETY OF CONSULTATION GROUPS AND DIDACTICS TO CHOOSE FROM

We currently offer 3 optional consultation groups (2 general and 1 trauma focused). We also offer 2 regular and structured didactic learning opportunities. Our weekly didactic series occurs weekly and is geared towards students/limited licensed clinicians/early professionals. Our other didactic, Quarterly Didactic Series, occurs quarterly and is geared towards all staff.

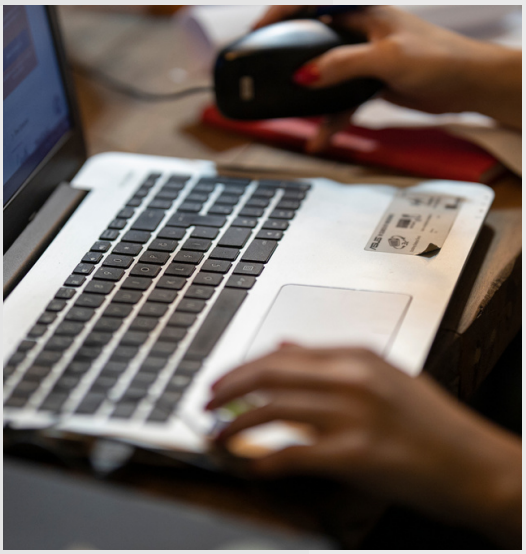
Weekly Didactic Example Topics: Exposure Therapy for Anxiety Disorders, OCD Spectrum Disorders, Trauma: Cognitive Processing Therapy, Using Acceptance and Commitment Therapy, Cognitive Behavioral Therapy Back to Basics, Social Anxiety Disorder Treatment Considerations

Quarterly Didactic Series Example Topics: The 5 Love Languages of Appreciation in the Workplace, Discovering Your Passion: Identifying Your Smile From Within, Professional Development: Shifting from Perfection to Growth Mindset, Avoiding Burnout: Clinician Self-Care

Clinician Support in a Learner's Supportive Environment

ADMINISTRATIVE SUPPORT

Support via Mentors, Clinical Site Directors, our Chief Administrative Officer/Intake Specialist, and our Billing/Insurance Specialist.



OAKHEART E-LEARNING PLATFORM

All staff have access to an e-learning platform with a large variety of educational opportunities and free CEU trainings, including CEU options that help meet unique state license requirements for individual licensure renewal.

SAFE LEARNING ENVIRONMENT

We believe wholeheartedly that in order to learn, grow, and thrive, you must feel safe. We seek to create an environment where staff feel safe and secure and where curiosity is encouraged.

Clinician Support in a Learner's Supportive Environment

RISK MANAGEMENT MITIGATION AND SUPPORT

At OakHeart, we work hard to provide ample risk management resources for our clinicians via:

- Opportunities for supervision, consultation, mentorship, and training
- Easy access to multiple legal consultants specializing in mental health law
    - Malpractice Legal Team Consultation Appointments
        - Appointments with licensed lawyers/mental health specialists within 72 hours
    - Telephone Consultation Service with OakHeart's Mental Health Lawyer with access usually same day
- Clear policies/procedures and resources to support clinical documentation, case management practices, and a high standard of insurance and billing practices
- Policies and procedures, support staff, and training to ensure HIPAA compliance and breach mitigation.
- Security and Privacy officer delegations and support
- IT management and support

Mentorship Model

We are extremely proud to utilize a mentorship model. This means that all new staff are assigned a mentor who will work with you one-on-one with regularly scheduled meetings. Mentorship is in addition to supervision if a clinician is still in need of supervised experience and hours.

We have been lucky enough to have mentors guiding us and supporting us along the way and it is a value of ours to pass these gifts along. Specifically, the goal of our mentorship model is to:

- To support your professional development and promotional goals
- To provide you with individualized clinical consultation
- To help you further develop clinical niche interests and specialties
- To provide you with an advocate within the business
- To help support a seamless transition into the practice

AND MOST IMPORTANTLY, TO MAKE SURE YOU ARE HAPPY AND THAT YOU FEEL SEEN, HEARD, AND VALUED

INTEGRITY
KINDNESS
COURAGE
GENUINESS
RESPECT
EMPATHY

Evidence-Based and Values Driven

1. We are committed to the dissemination of evidence-based treatments
2. We are passionate about providing high-quality, ethical, responsible care
3. We allow our values to guide us in our practice as clinicians
4. We look to our values to guide us in the workplace culture we create, and in the way we treat our colleagues

A Community-Based Private Practice, With a Community-Based Workplace Culture

We offer both in-person and telehealth treatment options to meet the needs of the community.

We are passionate about serving and supporting our communities through education and community service.

We are intentional about building a sense of community amongst our staff.

Employee Benefits

FOR ALL STAFF

- MALPRACTICE INSURANCE
- W2 STATUS EMPLOYMENT
- HIGHLY COMPETITIVE PAY-RATE
- 401K EMPLOYER MATCHING RETIREMENT PROGRAM
- ASSIGNED MENTOR (AND SUPERVISOR WHEN APPLICABLE)
- OPPORTUNITIES FOR PROMOTIONS
- WORKMAN'S COMPENSATION
- ADMINISTRATIVE STAFF TO SUPPORT YOU (INCLUDING AN INTAKE SPECIALIST, BILLING AND INSURANCE SPECIALIST, CLINICAL SITE DIRECTORS, ETC.)
- HYBRID WORK-FROM HOME OPTION FOR ELIGIBLE STAFF

FOR FULL-TIME STAFF

- BLUE CROSS BLUE SHIELD HEALTH INSURANCE (50% OF PREMIUM COVERED BY OAKHEART)
- SHORT-TERM AND LONG-TERM DISABILITY INSURANCE
- VISION AND DENTAL INSURANCE (50% OF PREMIUM COVERED BY OAKHEART)
- LIFE INSURANCE
- AD&D INSURANCE

We are proud to offer a comprehensive benefits package

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Employee Requirements

- Must work a minimum of 2 evenings per week OR 1 weekend day and 1 evening per week or 2 weekend days
- Must attend regular mentorship meetings (and supervision if required)

Caseload Requirements

- **Part-Time:** Must maintain an average caseload of 15 completed clinical hours per week, with 18 weekly slots open and available for clients.
- **Full-Time:** Must maintain an average caseload of 25 completed clinical hours per week, with 30 weekly slots open and available for clients.

Beautiful Office Spaces

To ensure you feel
comfortable and at home

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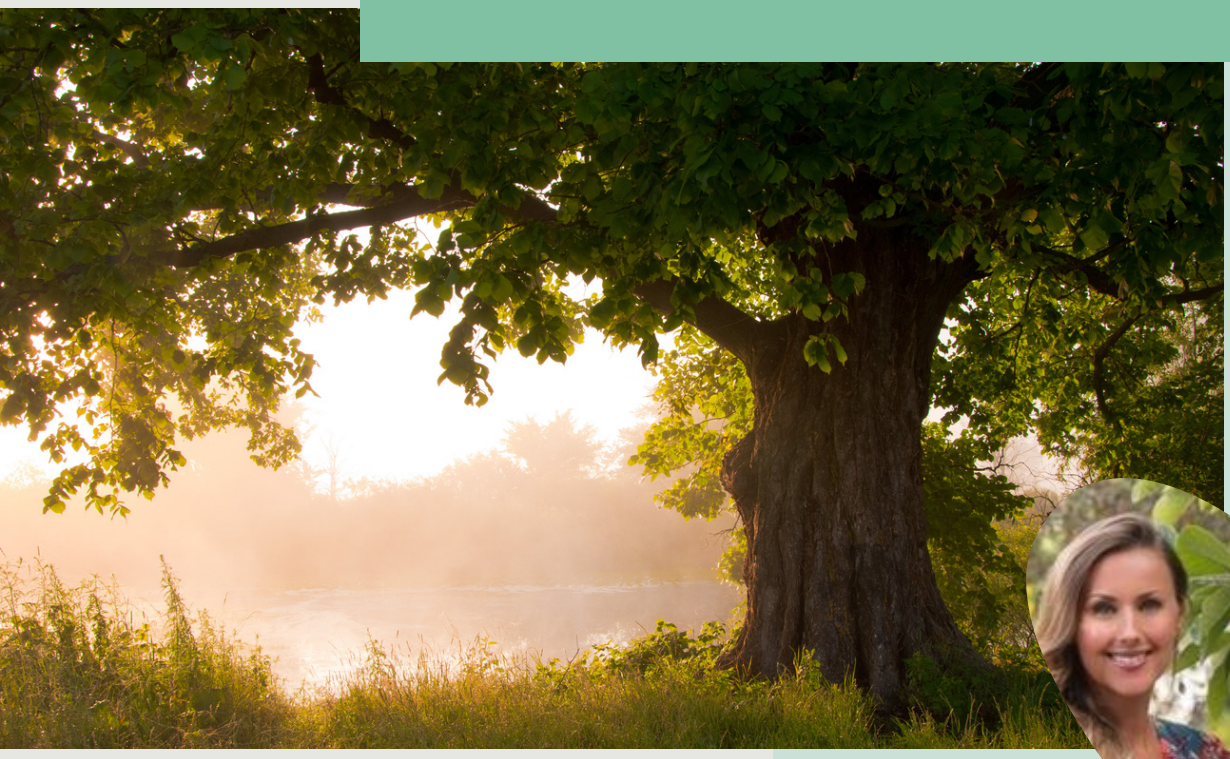
You deserve to be fairly compensated for your time and expertise, you deserve to work in an environment that feels supportive and respectful, you deserve to work in a healthy culture with healthy communication amongst management and staff.

WE LOOK FORWARD TO LEARNING MORE ABOUT YOU!



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Thank You!

Email Resumes to:

Katherine.Harris@OakHeartCenter.com

For Questions Call:

630-570-0050